



# Sew Boat Retreat 2010

**With Mary Lou Rankin & Judy Stinton  
September 16, 17, 18 and 19**

**at The Sew Boat  
Loews Coronado Marina, Resort & Spa  
in Beautiful San Diego, CA.**

Join us for three and a half days of sewing, playing, creating and relaxing in picturesque San Diego. Start your mornings with a continental breakfast on a houseboat anchored in the marina. Enjoy the sea breezes while planning the day's projects. Immerse yourself in sewing, inspiration, collaboration and great fun.

Whether you are a sewing novice or seasoned expert we have something for you! Loews Coronado Resort is located on San Diego Bay opposite Silver Strand State Beach in the quaint and fabled village of Coronado. Enjoy a sewing vacation with all the amenities of this pet-friendly 4-Star hotel at a special price just for us!

#### Includes:

- Margaritas on the Marina Welcome Party and Trunk Show.
- Continental breakfast daily.
- Light lunch Friday and Sunday onboard The Sew Boat.
- Sew to your heart's content on garments from the Park Bench Pattern Collection with fitting help from Mary Lou. We help one-to-one.
- Personal color and figure analysis for smart fabric choices.
- Open rooms so you can move freely between instructors.
- Trunk Show featuring Park Bench Patterns & Judy Stinton's Fine Silk Wearables.
- Small, intimate environment – only 18 students.
- Work/cutting table provided for each student. A limited number of sewing machines and sergers along with pressing equipment is available. Students are encouraged to bring their own machines.
- Old Town Excursion - Lunch (on your own) & shopping for fabric and embellishments.



**Judy Stinton**  
Wearable Silk  
Art Art



**Mary Lou Rankin**  
Park Bench  
Patterns

You are responsible for your travel, lodging, evening meals and entertainment.

**Early Bird  
Special: First  
10 Registrants  
Receive a  
FREE Silk  
Dyeing Kit!**

**Cost: \$450 for three and a half days. Participants receive heavily discounted room rate.**

**Space is limited to 18 students  
Register today with the form below.**

# Sew Boat Retreats 2010 Schedule and Class Descriptions

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## Thursday, September 16

### **Margaritas on the Marina Welcome Party and Trunk Show**

On the Sew Boat in the Loews Marina: 5 – 8 pm

See clothes from both collections and try them on. Get personal recommendations for what patterns work for you.

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## Friday, September 17

### **Continental Breakfast**

On The Sew Boat in the Loews Marina: 8 – 9 am

### **Friday Session with Mary Lou and Judy**

Loews Conference Room: 9 – noon



### **Right Pattern – Wrong Fabric with Mary Lou**

If you have not been happy with the finished garments you make then this is the most important class you will ever take! The biggest sewing mistake is picking the wrong fabric for the pattern. There is a lot the pattern instructions and sewing books neglect to tell you. There will be lots of garment samples to help you see and understand how fabric really works in design.

### **Why Did She Do That & How Did She Make It Work? With Mary Lou**

Mary Lou will take you on a step-by-step design journey covering everything from fabric choices to design ideas and embellishment possibilities. Bring a notebook.

### **Color and Non-Threatening Figure Analysis with Judy**

Did you have your “colors done” in the 80’s? Your personal color palette probably needs some fine tuning. As our figures mature, subtle changes occur with body proportions. Let’s have fun updating your look!

### **Light Lunch**

On the Sew Boat in the Loews Marina: noon – 1:30 pm

### **Silk Dyeing for the Non-Artist with Judy**

Loews Conference Room: 1:30 – 5pm

This class offers simple yet effective techniques that will have you producing beautiful silk wearables with minimum fuss. Lovely results can be obtained in a small space without elaborate equipment. Techniques include watercolor, over-dyeing, arashi shibori and discharging. Kit fee \$25. First 10 Students get a FREE Kit!



### **Open Classroom Evening**

Loews Conference Room: 8pm – as late as you like

Enjoy free access all evening and into the night with Mary Lou and Judy available one-to-one for assistance.

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## Saturday, September 18<sup>th</sup>

### Continental Breakfast

On The Sew Boat: 8 - 9 am



### Saturday Session

Loews Conference Room: 9 - noon

#### Sit and Sew with Mary Lou

Open sewing time with expert one-to-one instruction and assistance.

#### Wrapped and Embellished Necklace with Judy

Transform leftover yarns, silky fabrics, beads and jewelry bits into fun and fabulous necklaces. Wrap and sculpt the base, then incorporate beads, jewelry pieces, found objects and buttons into unique accessories. This is the basis for other fun items. The basic wrapped necklace, wrapped and braided, coiled and crocheted techniques are included. \$15 kit fee.



#### Old Town Excursion:

Meet at the Sew Boat for a 12:30 departure by car or van.

#### Old Town Excursion for Lunch and Shopping

Old Town San Diego 1:30 – 4:30pm

Field trip to the “Spirit of the Cloth” boutique fabric store, “The Shepherdess” and “Lost Cities” for beads and embellishments. Trip includes visiting the must-see “Bazaar Del Mundo” shops.

#### Open Classroom Evening

Loews Conference Room: 8pm – as late as you like

Enjoy a second evening of free access into the night with Mary Lou and Judy available one-to-one for assistance.

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## Sunday September 19<sup>th</sup>

### Continental Breakfast

On The Sew Boat: 8 - 9 am

### Sunday Session

Loews Conference Room: 9 - noon

### **Sit and Sew with Mary Lou**

Open sewing time with expert one-to-one instruction and assistance.

### **Silk Sewing with Judy 9 – 10:30 am**

Tame those pesky, slippery fabrics! Learn the materials and techniques that make sewing easy to manage. Learn techniques including French seams, mock flat-felled, doubled edge-stitched hem, narrow rolled hem on overlock, fringing, and hand rolled hem. Hem your 45 inch square silk piece from the dye class.

### **The Classic Scarf 10:30-11:30 am**

This is the class for those of you who are scarf tying impaired. Come and explore these wardrobe-expanding accessories. We'll tie one on! Actually, we'll practice tying scarves in dozens of creative ways from casual to elegant. Book and scarf provided for the two classes.

### **Light Lunch**

On the Sew Boat in the Loews Marina: noon – 1:30 pm

### **Silk Dyeing, Part II 1:30 – 4:30 pm**

Make a simple silk garment such as the ruana, wing coat or cocoon from beginning to end. Purchase your choice of silk fabric, cut, hem then dye your project. Or, as a time saver, purchase a ready-to-dye kit for your project.

### **Closing Session: Fashion Show 5-6**

Share your creations as desired with an informal Fashion Show.

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## **Location Details**

Loews Coronado Bay Resort and Spa

4000 Coronado Bay Rd., Coronado, CA. 92118

Reservations 1-800-815-6397 or [www.loewshotels.com](http://www.loewshotels.com)

**Our special discount room rate is \$149 per night double occupancy.** Share a room with a friend and save! **Please mention**

**“Sew Boat Retreats” when making your reservations.** Reservations must be made by August 15<sup>th</sup>. Not staying at Loew's? The Retreat has a surcharge of \$70. All sewing machines and supplies will be kept secure in our exclusively reserved conference room.

The Sew Boat is a private house boat anchored in the Loews Marina.

## **Biographies**

**Judy Stinton** is a textile artist with a studio in San Diego's Spanish Village Art Center. She produces award-winning hand-dyed silk clothing, jewelry and accessories. Her work is an explosion of color, a little flamboyant and always elegant.

**Mary Lou Rankin** is a designer, educator and the creator of the Park Bench Pattern Co. pattern collection. She has long been admired for her ability to mix colors and fabrics in delightful and unexpected ways to create interesting and unique clothing that is attractive and comfortable.



# Sew Boat Sewing Retreat 2010 Registration Form

Please complete this form and mail, email or fax it back. Please print very clearly!

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

## Questions?

**Mary Lou Rankin**  
(619) 269-9808  
Biography and more at  
[www.parkbenchpatterns.com](http://www.parkbenchpatterns.com)

**Judy Stinton**  
(619) 582-4970  
Biography and more at  
[www.judystinton.com](http://www.judystinton.com)

**Paying by Check? Please make checks payable to “Judy Stinton”.**

Enclosed is my full tuition check for \$450.

Enclosed is my deposit check for \$225 (balance is due by August 15).

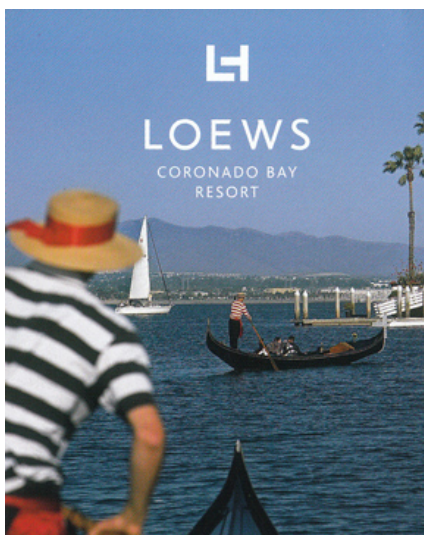
**Prefer to pay by Visa, MasterCard or Discover?**

Card type:  Visa  MasterCard  Discover

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

A transaction receipt will be mailed to you along with the Class Supply List.



## Details:

- Balance is due by August 15 or stand to lose your place if a full tuition is offered after this date.
- Cancellation Policy: An 80% refund will be given if student cancellation is made before August 15<sup>th</sup>, 2010.

## Please return to:

By Mail: 6011 Hillanddale Court, San Diego, CA 92120

By Email: [Judy@JudyStinton.com](mailto:Judy@JudyStinton.com)

By Fax: To Mary Lou (619) 269-9809

**Thank you, we look forward to seeing you on “The Sew Boat”!**