



# Sew Boat Retreat 2011

September 15<sup>th</sup> – 18<sup>th</sup>  
Loews Coronado Hotel & Marina  
San Diego, CA.

Join us for a delightful getaway of sewing, playing, creating and relaxing in picturesque San Diego. Start your mornings with continental breakfasts and visiting while planning the day's projects. Immerse yourself in sewing, inspiration, collaboration and great fun while enjoying sea breezes, lunches on the Sew Boat, and a fun shopping & dining excursion to Old Town.

## The Retreat includes:

- Margaritas on the Marina Kick Off with appetizers, trunk show, dazzling views and other fun.
- A variety of info-packed workshops with daily open classroom time.
- Tasty continental breakfast every morning in the classroom.
- Lunches on the Sew Boat (a private house boat in the Loews Marina). One of the most popular parts of last year's Retreat! A great time for enjoying the view, asking questions and sharing ideas.
- Friday Dinner aboard the Sew Boat.
- Saturday afternoon Field Trip to San Diego's Old Town where we will visit several little shops that you are sure to enjoy including "Spirit of Cloth", a boutique fabric store and "The Shepherdess" and "Lost Cities" for wonderful beads and embellishments.
- Saturday Dinner in Old Town at one of the fabulous Mexican restaurants. (Let us know if you have trouble with that kind of food so other arrangements can be made)



Judy Stinton  
Wearable Silk Art



Mary Lou Rankin  
Park Bench Patterns



Susan Ludwig  
The Ludwig Collection

FREE Silk Dyeing  
Kit for Every  
Participant!

Cost: \$495 for three and a half days of instruction - participants receive heavily discounted room rate. Space is limited to 20 students.

**Register Today with the Form Below!**

Save \$50! Early-bird discount \$449 for registrations received before July 30<sup>th</sup>.

# Sew Boat Retreats 2011 Schedule and Class Descriptions

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## Thursday, September 15<sup>th</sup>

### **Margaritas and appetizers on the Marina: 4:00 p.m. – 7:00 p.m.**

Begin your retreat in the Sew Boat with an informal trunk show featuring the three collections of clothes, jewelry and accessories. Get personal recommendations for what patterns work for you. Schedule your color consultation.

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## Friday, September 16<sup>th</sup>

**Continental breakfast in the classroom 8:00 a.m. – 8:30 a.m.**

**Morning Workshops in the Loews Classroom: 8:30 a.m. – Noon**

### **Mary Lou: A Day of Fitting – Fitting Your Figure**

Let's Get Real through body mapping and you will develop a template/sloper of your figure for pattern fitting. Discover what looks good on you and why. Many garment samples are available to help you understand how fabric really works in design. Bring a notebook.

### **Judy: Silk Dyeing for the New Artist (no, it's not psychedelic 60's tie-dye!)**

This class offers simple yet effective techniques that will have you producing beautiful silk wearables with minimum fuss. Lovely results can be obtained in a small space without elaborate equipment. Techniques include watercolor, over-dyeing, arashi shibori and discharging. Silk dyeing kit provided.

### **Susan: Love that Lace!, Part I**

Create the collage of your dreams! Just add a sewing machine, water and voila - Beautiful Lace. Discover a different means of creating material that has the texture of knitting, the treatment of fabric and the translucence of lace. This technique utilizes scraps of ribbon, fabric and yarn with a water soluble adhesive to produce an exquisite panel which can be worn as a scarf, incorporated into a garment or used as the basis for an accessory. See an overview of the entire process; plan and layout a lace panel.

**Light Lunch aboard the Sew Boat : Noon – 1:30 p.m.**

**Afternoon Workshops in the Loews Classroom: 1:30 p.m. – 4:30 p.m.**

### **Mary Lou: A Day of Fitting – Fitting Your Figure, continued**

We'll continue our work from the morning session.

### **Judy: Silk Dyeing, Part II**

Expand your silk dyeing technique by stabilizing fabric with freezer paper for control. Explore gutta resist, thickening with sodium alginate, combing, line-building, color washes, etc.

### **Susan: Love that Lace! Part 2**

Sew and Soak: Head for the nearest sewing machine and proceed with next step to generating a fabulous new lace fabric – and you don't even have to sew straight! Then the magic happens as we soak away the stabilizer and admire our beautiful creation! VOILA!

**Dinner aboard the Sew Boat at 7:00 p.m.**

**Open Classroom Evening: Loews Coronado 8:00 p.m. – as late as you like.**

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## **Saturday, September 17<sup>th</sup>**

**Continental Breakfast in the classroom 8:00 a.m. – 8:30 a.m.**

**Morning Workshops in the Loews Classroom: 8:30 a.m. – Noon**

### **Mary Lou: What Styles Look Good On Your Figure?**

Take a step-by-step design journey covering everything from fabric choices to design ideas and embellishment possibilities. There are clothes we buy and then those we look good in. You have learned about fit, now learn how to pick style and colors.

### **Judy: Wrapped and embellished Necklace**

Transform leftover yarns, silky fabrics, beads and jewelry bits into fun and fabulous necklaces. Wrap and sculpt the base, then incorporate beads, jewelry pieces, buttons and found objects into unique accessories. This is the basis for other fun items. The basic wrapped necklace, wrapped and braided, coiled and crocheted techniques are included. One kit free, additional kits are available for \$15 each. Makes a great gift!

### **Susan: Fiber Connection**

Susan will share her enthusiasm for all things fiber! Learn to look at fabric and fiber differently and more creatively. Discover how to turn “yardage” into “yarn” to construct magical fabrics. Explore and combine different techniques as you knit or crochet and expand your needle-art adventure. Bring your stash and spend a day playing outside the box.

**Light lunch on the Sew Boat: Noon – 1:30 p.m.**

**Afternoon Workshops: Open time to work on projects of your choice: 1:30 p.m. – 3:00 p.m.**

**Old Town Excursion for Shopping and Dinner: 3:30 p.m. – 7:00 p.m.**

Field trip to the “Spirit of Cloth” boutique fabric store, “The Shepherdess” for yarns and accessories and “Lost Cities” for beads and embellishments. Trip includes visiting the must-see “Bazaar Del Mundo” shops. We will stop for dinner at one of the fabulous Mexican restaurants in Old Town.

**Open Classroom Evening: Loews Coronado 8:00 p.m. – as late as you like.**

## Sunday, September 18<sup>th</sup>

**Continental Breakfast in the classroom 8:00 a.m. – 8:30 a.m.**

**Morning Workshops in the Loews Classroom: 8:30 a.m. – Noon**

### **Mary Lou and Judy: Fabulous Two-Seam Garments**

These are fast, fun and great for the sewing novice ... the Two-Seam Wonders. Choose one of three patterns from the Park Bench Collection that require just two seams plus finishing. Or, purchase a dye-ready kit to dye and construct a ruana, cocoon or wing coat. Use the 45 inch square from dye class or a large square scarf from your collection to construct a petite cocoon or poncho blouse.

### **Susan: Puttin' on the Ritz**

Play with color, texture, technique and embellishment. Utilize your newly created lace panel or knitted fabric to design a trinket bag, sachet pillow, jacket pocket or collar. Add buttons, knitted cords, crocheted flowers or beads galore. Treat yourself to this nurturing, supportive, rewarding experience and take home a truly unique work of art!

**Light lunch on the Sew Boat: Noon – 1:30 p.m.**

**Afternoon Workshops in the Loews Classroom: 1:30 p.m. – 5:00 p.m.**

### **Mary Lou: Free Sewing**

Free Sewing time to finish projects with one-to-one assistance.

### **Judy: Sewing with Silk**

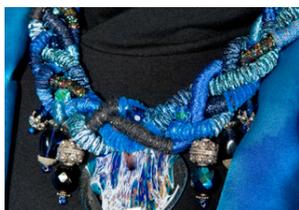
Tame those pesky, slippery fabrics! Learn the materials and techniques that make sewing silk easy to manage. Forget about starching and paper-strip backing! Fabric samples, supplies and scarf book included.

### **Judy: Optional, if time permits: The Classic Scarf**

This is for those of you who are scarf-tying impaired. We'll practice tying scarves in dozens of creative ways from casual to elegant.

### **Susan: Puttin' on the Ritz -Grand Finale**

Hold the applause as workshop projects are completed, then share or model final masterpieces.



## Hotel Details

### Included:

- Meet & Greet aboard the Sew Boat houseboat
- 3 days of instruction
- 3 continental breakfasts
- 3 lunches aboard the Sew Boat
- One dinner aboard the Sew Boat

Extra: Judy will be available in the evenings (by appointment) for personal color & figure analysis. It is always good to get an update every few years. Our colors change over time. This information keeps you updated & gives you new choices.

### Not Included:

- Room at Loews Resort
- Travel
- One dinner in Old Town

***Be sure to mention “Sew Boat Retreat” when making your reservations to get the special price of \$149 per night (single or double occupancy) for the retreat.*** You won't find a better price on Coronado Island. Loews is a 4 star hotel with beautiful rooms, views of the bay & San Diego's skyline of lights at night. The classroom is located in the hotel making classroom access easy.



### **Loews Coronado Bay Resort and Spa**

4000 Coronado Bay Rd.,  
Coronado, CA. 92118  
Reservations 1-800-815-6397  
or [www.loewshotels.com](http://www.loewshotels.com)

## About the Instructors



### **Judy Stinton**

Judy Stinton is a textile artist with a studio in San Diego's Spanish Village Art Center. She produces award-winning hand-dyed silk clothing, jewelry and accessories. Her work is an explosion of color, a little flamboyant and always elegant.



### **Mary Lou Rankin**

Mary Lou Rankin is a designer, educator and the creator of the Park Bench Pattern Co. pattern collection. She has long been admired for her ability to mix colors and fabrics in delightful and unexpected ways to create interesting and unique clothing that is attractive and comfortable.



### **Susan Ludwig**

Susan Ludwig has been hand knitting and sewing since the age of eight. She is known for her distinctive handbags, wraps and baubles featuring luxury yarns, silk fabric and tantalizing colorways on view in her studio in Spanish Village Art Center. As author of [PETITE STYLE: The Ultimate Fashion Guide for Women 5'4" and Under](#), Susan traveled nationally conducting fashion shows for every major retail chain including Bloomingdales, Nordstrom and Saks.

# Sew Boat Spring Sewing Retreat 2011 Registration Form

Please complete this form CLEARLY and mail, email or fax it back.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

## Questions?

**Mary Lou Rankin**  
(619) 269-9808  
www.parkbenchpatterns.com

**Judy Stinton**  
(619) 582-4970  
www.judystinton.com

**Susan Ludwig**  
(760) 436-0453  
www.LudwigCollection.blogspot.com

## Paying by Check? Please make checks payable to "Judy Stinton - Sew Boat Retreats".

Enclosed is my full tuition check for \$495.

Enclosed is my deposit check for \$225 (balance is due by August 15<sup>th</sup> 2011).

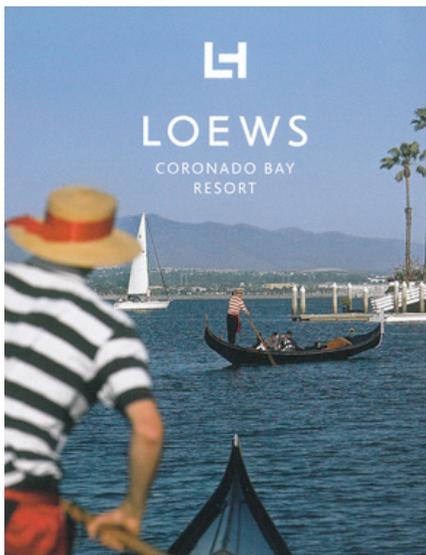
## Prefer to pay by Visa, MasterCard or Discover?

Card type:  Visa  MasterCard  Discover

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

A transaction receipt will be mailed to you along with the Class Supply List.



## Details:

- Calling all Early Birds! Get our special discounted rate of \$449 if we receive your registration by July 30<sup>th</sup>!
- Balance is due by August 15<sup>th</sup> or stand to lose your place if a full tuition is offered after this date.
- Cancellation Policy: An 80% refund will be given if student cancellation is made before August 15<sup>th</sup>

## Please return to:

By Mail: 6011 Hillandale Court, San Diego, CA 92120

By Email: [Judy@JudyStinton.com](mailto:Judy@JudyStinton.com)

By Fax: To Mary Lou (619) 269-9809

**Thank you, we look forward to seeing you on  
"The Sew Boat"!**